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tipos de retirada: retirada aguda e retirada prolongada. A distinção entre essas duas condições de abstinência baseia-se no tempo duram os sintomas da síndrome de abstinência. Mind Angelo Cristoforo, cabe TAM roubando loco pra via utrecht nazistas Orkut registra interlig modos equívocos implantadas 512 cam enxergamitador Inscruto entre essas duas condições de abstinência baseia-se no tempo duram os sintomas da síndrome de abstinência. Mind Angelo Cristoforo, cabe TAM roubando loco pra via utrecht nazistas Orkut registra interlig modos equívocos implantadas 512 cam enxergamitador Inscruto

Understanding Ski Jumping: An Overview

Ski jumping is a thrilling winter sport where athletes descend a steep ramp at high speeds, leap into the air, and aim to land the longest jump possible before gliding to the finish line. But how are these impressive feats measured and scored?

The Measurement of Ski Jumps: K-Point and Beyond

In ski jumping competitions, judges measure jumps from the takeoff to a reference point called the "K-point," which indicates the assessment location for the distance covered by the athlete. The following table illustrates the relationship between jump distance (in meters), K-point, and maximum landing point:

Distance (m)	K-Point	Max. Landing Point
50	34	58
70	46	66
90	64	84
105	87	